

Family Program Commitment

It makes no sense to create a program to reduce stress . . . if that program then generates more stress! So, at times, the Brain Highways Global staff may modify parts of the program or make certain exceptions if doing so then makes it more doable for a family to move forward.

However, changing the brain and nervous system is not magic. And since the participants' role is also key to this process, we are upfront with they need to commit to before they enroll.

That is because when participants uphold their commitment, it now makes it possible for the Brain Highways Global staff to provide effective, individualized support and feedback throughout the program—which then helps participants yield the most expedient results. Of course, if participants (for whatever reason) do not do their part, we will never judge them—and at the start of the program, we will always reach out to help those who have strayed to hopefully get them back on track as soon as possible.

However, in cases where participants end up falling too far behind or are still not able to uphold their commitment, the Brain Highways Global staff reserves the right to change a participant's enrollment from active to audit. Audit participants still receive all the course materials, but they no longer submit assignments, or logs, or attend video chats, and they no longer have access to individualized support or feedback from the staff. While it is our first choice that everyone remains an active participant, we acknowledge that the audit option is occasionally the only viable option at a certain juncture.

Last, since the support we provide is key to the kind of results participants experience, audit participants must also send us an email confirming that they understand they no longer expect to receive the same results as active participants. We need to have that confirmation before we can continue to send an audit participant the rest of the course materials. But, again, since active participation is the best way to yield lasting, amazing results, it is always our first choice that everyone remains an active participant.

By enrolling in the Brain Highways Family Program, I agree to:

1. Do the 30-minute daily floor time session and submit each weekly log, where both my child and I follow what has been mapped out for each day (so that we can integrate retained primitive reflexes, complete our lower brain development, and review the course materials all within that time frame).
2. Set aside another (on average) 10 minutes on Sunday-Friday to review parent-only materials, or to do minor preparation for an upcoming activity, or to complete an assignment that is submitted for individualized feedback and support.
3. Submit periodic "checking in" assignments on time so that I can receive individualized support.

4. Ask (without delay) for support or ways to modify parts of the program, if needed.
5. Withhold from making program modifications without first receiving input and approval from my class facilitator.
6. Attend each of the four group video sessions. If I have a time zone conflict (the chat takes place when it is in the middle of the night for me) or there is another conflict that I cannot change, I agree to watch the recording and submit the answers to that chat's follow-along questions within three days.
7. Respond to emails from Brain Highways Global staff within 24-48 hours since there will always be a reason that class facilitators have reached out to a participant, and a response is often also time sensitive.
8. Forego insisting that my spouse also needs to participate (since that's not necessary to yield results).
9. Be kind to myself—even if I don't process something or forget to do something in the course.
10. Accept our no refund policy once enrolled in the course.
11. Accept our no credit policy unless Brain Highways staff makes an exception for extenuating circumstances, such as a participant has broken a bone, needs surgery, or something else happens where it's truly impossible to complete that session.
12. Read and adhere to the Family Program Clarifications (on the following page).

Name _____(print) Date _____

Signature _____

Program Clarifications

1. Brain Highways is not a medical program nor are its activities considered therapy. Therefore, any kind of medical insurance or flex plans do not apply.
2. It is a misrepresentation of the Brain Highways program to use information presented as part of our courses as the basis to identify a child as having a learning disability or in need of special school services.
3. Parents assume full responsibility and liability for whatever they decide to implement related to the Brain Highways program.
4. All materials, techniques, and methods provided to participants are proprietary to Brain Highways.
5. Participants agree not to share or give any program materials to anyone who is not enrolled in the course, which includes forwarding links or duplicating handouts.

(Note: Participants sometimes forget this when they enthusiastically start showing others how to do the floor work. However, doing so not only violates these terms, but a “diluted” version of the Brain Highways program is not in anyone’s best interest. In other words, we would not offer a full comprehensive program if we thought others could truly change their brain with less information.)

6. By enrolling in the program, participants agree to never use any of the Brain Highways proprietary materials or information for their own commercial use or the commercial use for someone else or in any other way whereupon program information and materials may result in financial gain.

If I have not honored any of these clarifications, I understand that Brain Highways Global has the right to end my enrollment without a refund or credit.

Name _____ (print) Date _____

Signature _____